



ST. JOHN AMBULANCE SINGAPORE

“For The Service of Mankind”

Patron: H.E. The President of the Republic of Singapore

Programme Schedule for CPR+AED Course

TIME / HOURS	TOPICS	ACTION BY
1400 hrs – 1420 hrs	Course Objectives Chain of Survival DR ABC CPR Intro on AED, Features & Indications AED Danger Chest Preparation Electrode Pads placement AED procedure Documentation Housekeeping	Chief Instructor
1420 hrs – 1440 hrs	Demo on CPR + AED	Chief Instructor
1440 hrs – 1540 hrs	Hands-on CPR+/-AED	Instructors
1540 hrs – 1550 hrs	Tea Break	
1550 hrs – 1700 hrs	Hands-on CPR + AED	Instructors
1700 hrs – 1800 hrs	Theory & Practical Test Results & Debrief	Chief Instructor & Instructors